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Respite Care Options in the Greater Binghamton Area

When a caregiver needs a break

Before you arrange any kind of respite care for your loved one, you may first want to have an in-home assessment done to determine what options are the most appropriate for your caregiving situation. For questions regarding the in-home assessment, contact Caregiver Services at the Broome County Office for Aging.

1. In-Home Respite -- “My husband needs help with personal care, and sometimes I need a break from the responsibility of caring for him.”

≈ **All Metro Health Care:** Service providers are employees of this program. They offer non-medical care such as assistance with bathing; dressing; light housekeeping; companionship; incidental transportation; meals. Private pay; some third party insurances. Call 777-9891 for more information.

≈ **Alzheimer’s Caregiver Respite Program**

This program provides the caregiver of a memory impaired person a break at no cost for up to 120 hours per year. Call Caregiver Services at 778-2411 for more information.

≈ **Around the Clock In-Home Care**

This referral service has RN’s, LPN’s and non-medical companion services that this service can refer you to. Call 725-6625 for more information.

≈ **Handyman 4 Seniors, Senior Services**

Non-medical services provided by Valerie Jacoby, C.N. A. Services include: household chores; shopping services; laundry; cooking holiday prep; pharmacy errands; pill sorting; pet services; rides to doctors; exercise at home. Fee for service: private pay. Call 1-888-540-0320.

≈ **Home Care Agencies:** A number of home care agencies have companions; personal care aides; homemakers and housekeepers. Fee for service; private pay. Call the Broome County Office for Aging at 778-2411 for agency names and phone numbers.

≈ **Home Instead Senior Care:**

Service providers are employees of this program. They offer non-medical assistance such as supervision with bathing; assistance with clothing selection; meal preparation; light housekeeping; medication reminders; companionship and transportation. Fee for service; private pay and some long-term care insurances. 723-3600

≈ **Senior Helpers Program:**
matches older workers (55+) to jobs with private employers. Personal care workers, housekeepers and companions available; also have workers interested in a variety of private jobs. Office for Aging charges no fee for making a match; workers and employers negotiate wages for the job. Call 778-6105 (8:30-Noon, M-F), for more information.

≈ **Seniors Helping Seniors**
Seniors as providers are employees of this agency. They offer non-medical, non personal care assistance such as transportation, going shopping, help with the mail, cleaning, cooking or house maintenance, small repairs, yard work, pet care, and companionship. Fee for service; private pay in advance. Call 607-398-0188

≈ **Veterans Administration:** The Veterans Administration provides community based services that can support caregivers. This could include skilled home care for the person you care for. Homemaker /Home Health Aides services; financial support for participation in the Golden Days Adult Day Health Care Program (see below in "Adult Day Care Programs"). Ask for the Respite Coordinator at 1-800-792-4334 for more information.

≈ **Wood Private Home Care**
Provides home health aides that can provide non-medical services such as personal care; managing medications; coordination with doctor's offices and Hospice; cleaning, cooking, shopping, general errands and

transportation to appointments. Fee for Service; private pay. Call 725-6625 for more information.

2. ADULT DAY CARE PROGRAMS ... "I need time to myself a few days a week so I can take a break, or do the things I need to do. The person I care for needs a supervised place to go outside the home for socialization."

≈ **Yesteryears Social Adult Day Care Program** (Broome Co. Office for Aging), two locations – one in Binghamton and one in Endwell. Suggested contribution. Call 778-2946.

≈ **Golden Days Adult Day Health Care** (Medical Program), Susquehanna Nursing Home, 282 Riverside Dr., Johnson City. Private Pay, Medicaid; Veterans (Those who qualify) and long term care insurance; call 729-9206.

≈ **Senior Day Care** at Hopkins House, centrally located in Binghamton, Private Pay; call (607) 727-6079.

3. SHORT-TERM RESPITE AWAY FROM HOME . . . "I need to attend an out-of-town wedding. Is there a place where my relative can stay for a few days?"

There are living options that provide supervision and assistance that may be able to accommodate your elder on a temporary, 24 hour basis. Some of the options are on a space availability basis only and some have a minimum stay requirement. **The application process for this respite arrangement takes time, so inquire well in advance.**

Adult Care Homes with respite options:

Castle Gardens Senior Living & Special Needs Community

1715 Castle Gardens Road
Vestal, NY 13850
748-5700 Ask for Marketing Dept.
(Short-stay beds when available, in both the enriched living and memory care unit. There is a 30 day minimum stay.)

Garden House

91 Walnut St.
Binghamton, NY 13905
724-5763
(Respite bed on first floor when available. One week minimum stay)

Good Shepherd Fairview Home Inc.

80 Fairview Ave
Binghamton, NY 13905
724-2477
(Offers respite when beds are available-two week minimum stay, but are flexible)

Ideal Senior Living Center

600 High Ave.
Endicott, NY 13760
786-7420
(Offers respite care on a case by case basis)

Brookdale Vestal East

505 Clubhouse Road
Vestal, NY 13850
(607) 722-3422
(Respite when beds are available-two week minimum)

Brookdale Vestal West

Assisted Living Specializing in Memory Care
421 Plaza Drive
Vestal, NY 13850
(607) 771-1700
(Respite when beds are available)

Family Type Homes: These are smaller adult care homes that can accommodate a maximum of four people who need assistance, and two boarders. Respite care may be available. Contact Michelle Stimak at 778-3029 for more information.

Veterans Administration: The Veterans Administration may be able to provide short stay respite care at the Community Living Center, the VA's skilled nursing residence located at the Syracuse VA Medical Center. Contact Respite Coordinator at 1-800-792-4334 for more information.

Nursing Homes:

*For the following **nursing homes**, the **elder must meet the requirements for skilled care**. Contact Caregiver Services at the Broome County Office for Aging with your questions.*

Elizabeth Church Manor
863 Front Street
Binghamton, NY 13905
729-2305
(when beds are available)

Good Shepherd-Fairview Home
80 Fairview Ave.
Binghamton, NY 13904
724-2477
(Respite beds when available. One week minimum stay)

James G. Johnston Memorial
Nursing Home
285 Deyo Hill Road
Johnson City, NY 13790
798-7818
(when beds are available)

Please call individual facilities for other possible options.

www.gobroomecounty.com/senior

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